Advisory Council for Aging & Independence Services

September 11, 2023 | 12:00 p.m.

5560 Overland Ave, Room 171, 1st Floor

Virtual Participation

Call in: 1 (669) 900-9128

Meeting ID (access code): 824 8650 7295

Passcode: 162815

Click here to Join Zoom Meeting

AGENDA

* (attachment)

1. **Call to Order**: Stephen Huber, Chair
    a. Welcome & Pledge of Allegiance
    b. Guest/Member Introductions
    c. Confirmation of Quorum (quorum = 10)

2. **Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.** (Possible Action)

3. **Standard Business**
    a. Public Comment/Announcements: Members or Non-members
    b. Approval of July 10, 2023 Meeting Minutes (Action)*

4. **Swearing in of 2023-2024 Officers:** Naomi Chavez, Assistant Director, Aging & Independence Services

5. **AIS Director's Items** (Possible action)
    a. Board Letters
        i. Aging Roadmap Annual Update (Action)*
    b. AIS Director's Update

6. **Guest Speaker**
    a. Housing and Community Development Services: Nick Martinez, Assistant Director

7. **Executive & Membership Subcommittee Report/Other Business** (Possible action)
    a. Chair's Report: Stephen Huber, Chair
        i. Distinguished Merit Award (Action)*
        ii. Adopt Annual Calendar, Annual Subcommittees, and Annual Report* (Action)
        iii. Council Goals: Review Draft*

b. Membership Report: Wanda Smith, Secretary
   i. Actions on behalf of the Council presented for Council ratification per By-laws Article 5, Sec. C. (1)(a)(iii) (Action)
      a) Recommendation to appoint Wanda Smith to 2nd full term
         – Seat #25, effective immediately, to expire 9/9/27
      b) Recommendation to appoint Silvia Martinez to 1st full term
         – Seat #27, effective immediately, to expire 9/9/27

c. Board of Supervisors Annual Visits (Dates posted as confirmed):

i.	District #1: Vargas	[Vacant/Larkins]	10/4/2022
ii.	District #2: Anderson	[Vacant/Nocon]	2/22/2023
iii.	District #3: Lawson-Remer	[King/Osborne]	1/18/2023
iv.	District #4: Vacant	[Vacant/Vacant]	1/5/2022
v.	District #5: Desmond	[Vacant/ Vacant]	5/31/2022

8. **Ancillary Subcommittee Oral Reports** (Possible action)
   a. LTC Ombudsman/Facilities (met 7/10/23): Dan McNamara, Chair
   b. Healthy Aging (met 7/10/23): Wanda Smith, Chair
   c. Housing (met 8/22/23): Smith Sirisakorn, Chair
   d. Nutrition (met 9/6/23): Susan Mallett, Chair

9. **Other Announcements**

10. **Adjournment & Next Meetings**:
    Meetings are held at 5560 Overland Ave. Ste. 310, San Diego, 92123
    Virtual meeting details are included on agendas at www.aging.sandiegocounty.gov/AISAdvisoryCouncil

    Council Meeting: October 9, 2023, 12:00 PM

    Future Subcommittee Meetings:

➢ LTC Ombudsman/Facilities:	9/11/23	3:00 p.m.	[2nd Mondays]
➢ Executive & Membership:	9/26/23	10:30 a.m.	[4th Tuesdays]
➢ Nutrition:	10/4/23	1:00 p.m.	[1st Wednesdays]
➢ Healthy Aging:	10/9/23	2:15 p.m.	[2nd Mondays]
➢ Housing:	9/11/23	10:30 a.m.	[2nd Mondays]

This meeting is public, and the location is ADA accessible. If you are planning to attend and need special accommodations, please call (858) 495-5885 at least three days in advance of the meeting.

Supporting documentation and attachments for items listed on this agenda may be viewed at Aging & Independence Services, 5560 Overland Avenue, Suite 310, San Diego, CA 92123, or received by calling (858) 495-5885.

Aging & Independence Services Advisory Council
Monday, July 10, 2023 | 12:00pm – 2:00pm
5560 Overland Ave, Joaquin Anguera Room, 3rd Floor
Call in: 1 (669) 900-9128
Meeting ID (access code): 992 5390 3588 | Passcode: 251412

MINUTES

	Members		Absent Members	Guests
Attendance	Faye Detsky-Weil Ted Kagan Ethel Larkins Elaine Lewis Susan Mallett Silvia Martinez Dan McNamara Bradlyn Mulvey	Casey Myers Molly Nocon Jacqueline Simon Smith Sirisakorn Wanda Smith Kristine Stensberg Pualani Vazquez	Stephen Huber Mina Kerr John Osborne Shirley King	Thomas Johnson Rick Lavine Chris Nolan Loretta Ramirez Lexi Striler
	Distinguished Merit Recipients		**Staff**	
			Naomi Chavez Kimberly Gallo Jana Jordan Samantha Hasler	Julia Homitano Kimberly Pearce Brynn Viale Dayna Zarate

	Outcome
1. Call to Order	Wanda Smith, Secretary, 12:00pm a. Welcome & Pledge of Allegiance b. Guest/Member Introductions c. Confirmation of Quorum: ***13 present at this time.***
2. Statement (just cause) and/or Consideration of a Request to Participate Remotely (emergency circumstances) by a Council Member, if applicable.	None
3. Standard Business	a. Public Comment/Announcements: Members or non-members • E. Lewis announced senior seating at San Diego Pride. • P. Vasquez discussed the Matters of Balance program at Scripps La Jolla. • C. Myers mentioned that Access for Independence is becoming a voting site. b. Approval of June 12, 2023, Meeting Minutes (Action)* **[M/S – T. Kagan / C. Myers *(Passed with 13 votes; B. Mulvey abstained)]***
4. Election of Council Year 2023-2024 Officers	John Osborn, Chair a. Presentation of Nominees for FY 23/24 Officers o Chair – Stephen Huber o 1st Vice Chair – Susan Mallett

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	○ 2nd Vice Chair – Shirley King ○ Secretary – Wanda Smith b. Nominations from the floor c. Election of FY 23/24 Officers (Action)* **[M/S – B. Mulvey / J. Simon *(Passed with 15 votes)]*** d. Officer transition briefing: July 25, 2023 Executive & Membership Subcommittee e. Swearing in of FY 23/24 Officers: September 11, 2023 Regular Meeting
5. AIS Director's Items	a. AIS Director's Update • K. Gallo's updates included: ○ County logo/branding ○ FY 2022-23 Accomplishments ○ Legislative Update ○ Housing Update/Future Guest Speaker
6. Guest Speakers	• Adult Protective Services (APS)/Senior Team/Specialized Case Management Program Updates: Kimberly Pearce, Program Manager Highlights included: ○ Stats and Data FY 22-23 ○ Alzheimer's Response Team (ART) ○ Financial Abuse Team and Elder Justice Task Force (EJTF) ○ Home Safe ○ Public Health Nurse Team ○ Senior Options Advocacy and referral (SOAR) ○ Linkages ○ San Diego Veterans Independence Services at Any Age (SDVISA)
7. Executive & Membership Subcommittee Report/Other Business	a. Chair's Report: Stephen Huber, Chair i. Ancillary Subcommittee Appointments a) Housing Subcommittee: Appoint Casey Myers **[M/S – S. Mallett / B. Mulvey *(Passed with 15 votes)]*** b. Membership Report: Susan Mallett, Secretary c. Board of Supervisors Annual Visits (Dates posted as confirmed): i. District #1: Vargas [Vacant/Larkins] 10/4/2022 ii. District #2: Anderson [Vacant/Nocon] 2/22/2023 iii. District #3: Lawson-Remer [King/Osborne] 1/18/2023 iv. District #4: Vacant [Vacant/ Vacant] v. District #5: Desmond [Vacant/ Vacant] 5/31/2022
8. Council Strategic Planning	a. Subcommittee/Council Goals Status b. Subcommittee Goals FY 23/24
9. Ancillary Subcommittee Oral Reports	a. LTC Ombudsman/Facilities (met 5/8/2023): Dan McNamara, Chair b. Healthy Aging (met 5/8/2023): Wanda Smith, Chair c. Housing (met 7/7/2022): Smith Sirisakorn, Chair d. Nutrition (met 6/7/2023): Susan Mallett, Chair
10. Ad Hoc Subcommittee Oral Reports	S. Hasler provided update on the changes made to the Area Plan Annual Update and CDA Approval.

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11. Other Announcements	None
12. Adjournment & Next Meetings	**Meeting adjourned: 1:50 pm** **Council Meeting**: September 11, 2023, 12:00 PM 5560 Overland Ave. Ste. 310, San Diego, 92123 **Future Subcommittee Meetings**: ➢ LTC Ombudsman/Facilities: 7/10/2023 2:15 p.m. [2nd Mondays] Virtual ➢ Executive & Membership: 7/25/2023 10:30 a.m. [4th Tuesdays] Virtual ➢ Nutrition: 9/6/2023 1:00 p.m. [1st Wednesdays] Virtual ➢ Healthy Aging: 7/10/2023 2:15 p.m. [2nd Mondays] Virtual ➢ Housing: TBD TBD TBD Virtual

Minutes respectfully submitted by Julia Homitano

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COUNTY OF SAN DIEGO

AGENDA ITEM

BOARD OF SUPERVISORS

NORA VARGAS
First District

JOEL ANDERSON
Second District

TERRA LAWSON-REMER
Third District

VACANT
Fourth District

JIM DESMOND
Fifth District

DATE: **September 26, 2023** **XX**

TO: Board of Supervisors

SUBJECT
RECEIVE UPDATE ON THE AGING ROADMAP (DISTRICTS: ALL)

OVERVIEW
According to population projections from the California Department of Finance, of the nearly 3.3 million people currently residing in San Diego County, approximately 783,500 are adults aged 60 or older. By 2030, the number of adults 60 years and older who reside in San Diego County is expected to increase to more than 910,000. San Diego County's population over the age of 85 is projected to diversify and grow more than any other age group. Thus, it is crucial that we take the needs of our region's older adults into account as we plan for the future. Launched at the direction of the San Diego County Board of Supervisors (Board) on September 24, 2019 (4), the Aging Roadmap is the County of San Diego's (County) plan to ensure that the region has communities and programs that equitably support the needs and leverage the contributions of the growing population of older adults. The Aging Roadmap serves as the County's framework for aging and identifies goals and action steps in ten priority areas of: Health & Community Support; Housing; Social Participation; Transportation; Dementia; Caregiver Support; Safety; Preparedness; Silver Economy; and Medical & Social Services System.

This annual report provides an update on Aging Roadmap progress and accomplishments. For each of the ten priority areas, the report describes the current landscape, accomplishments, and next steps towards reaching the vision for that area. It also describes the programs and initiatives for Fiscal Year 2023-24 through an updated Aging Roadmap Action Plan. Today's action requests the Board receive the fourth annual report of the Aging Roadmap.

This item supports the County's vision of a just, sustainable, and resilient future for all, specifically those populations in San Diego County that have been historically left behind, as well as our ongoing commitment to the regional *Live Well San Diego* vision of healthy, safe, and thriving communities. This will be accomplished by supporting older adults and persons with disabilities to live healthy, safe, and thriving lives and helping to ensure a community that is livable for people of all ages. The Aging Roadmap aligns with and supports the State of California's Master Plan for Aging, as both documents share priorities that advance local and statewide goals and include person-centered and equity-focused age- and disability-friendly policies, programs, and services.

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SUBJECT: RECEIVE UPDATE ON THE AGING ROADMAP (DISTRICTS: ALL)

RECOMMENDATION(S)
CHIEF ADMINISTRATIVE OFFICER

1. Receive update on the Aging Roadmap.

EQUITY IMPACT STATEMENT

Recognizing the increasing diversity of San Diego County's population, the Aging Roadmap represents a commitment to ensuring that all residents can age well while accessing needed services, regardless of their race, ethnicity, national origin, religion, gender identity, and/or sexual orientation. Principles of equity guide the County of San Diego's (County) ongoing community engagement efforts and the programs and initiatives within each of the ten Aging Roadmap priority areas. Through convening diverse community coalitions and collaboration with community-based organizations, the County ensures that the voice of the community remains central to informing the development of Aging Roadmap programs and initiatives. Listening sessions with English-speaking and non-English-speaking older adults, community stakeholder interviews, and strategic planning with diverse County departments are just a few examples of the equity-focused strategies that informed the Fiscal Year 2023-24 Aging Roadmap Action Plan presented in this year's report. In February 2023, an "Aging for All" Workshop was hosted by the County Health and Human Services Agency, Aging & Independence Services (AIS), in partnership with the Sharp HealthCare Health Education Lecture Series. The event focused on defining equity, discussing inequities older adults encounter, and encouraging questions and topic exploration. This event is an example of how to advance equity and weave equity, diversity, and inclusion into all ten Aging Roadmap priority areas by providing a space for people of all backgrounds to participate. Community partnerships have also facilitated the development of programs for at-risk populations including, but not limited to, refugee and immigrant communities, non-English-speaking residents, homebound older adults, and individuals living with disabilities. From January to June 2023, AIS also provided technical assistance to the El Cajon Collaborative to offer multilingual transportation training classes and field trips in English, Spanish, Arabic, and Tagalog. These trainings provided an enriching experience to diverse populations interested in transportation options available to older adults in San Diego and how to confidently use these options to retain independence and stay socially engaged, despite barriers such as physical mobility and language. Interdepartmental collaboration has been integral to the success of the Aging Roadmap. Through the bi-monthly convenings of the Age Well San Diego teams, the departments and offices of Homeless Solutions & Equitable Communities, Behavioral Health Services, Housing & Community Development Services, Planning & Development Services, Public Works, Office of Emergency Services, and San Diego County Library, have all provided input in the strategic planning process of the Aging Roadmap.

As programs and initiatives are planned for the future, community partners will continue to be closely involved in these conversations and an equity lens will be applied across all Aging Roadmap priority areas. Community coalitions and other forums for community input will be promoted and made accessible to diverse groups across the county. Additionally, cross-departmental collaboration and coordination will continue to be a foundational component of the Aging Roadmap to effectively and efficiently address what is heard from the community.

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SUBJECT: RECEIVE UPDATE ON THE AGING ROADMAP (DISTRICTS: ALL)

SUSTAINABILITY IMPACT STATEMENT
Today's actions support the County of San Diego's Sustainability Goal #1 to engage the community, Sustainability Goal #2 to provide just and equitable access to County services, and Sustainability Goal #4 to promote health and wellbeing. This continues to be accomplished through the ongoing facilitation of community coalitions, including the Age Well Community Teams, that seek diverse stakeholder input to inform Aging Roadmap priorities. The Aging Roadmap represents the County's comprehensive system of care, including both person-centered and community-wide efforts, and demonstrates partnerships to improve and expand programs and services that contribute to the safety and welfare of older adults. Equity and service accessibility are prioritized across all ten priority areas within the Aging Roadmap. Specific efforts that contribute to this goal include ensuring resources are available in needed languages, implementing the Digital Inclusion Program to close the digital divide, and administering programs that keep older adults housed.

FISCAL IMPACT
There is no fiscal impact associated with the proposed action. There will be no change in net General Fund costs and no additional staff years.

BUSINESS IMPACT STATEMENT
N/A

ADVISORY BOARD STATEMENT
The Aging & Independence Services Advisory Council reviewed this item at their regular meeting on September 11, 2023, and recommended_____.

BACKGROUND
According to population projections from the California Department of Finance, of the nearly 3.3 million people currently residing in San Diego County, approximately 783,500 are adults aged 60 years and older. By 2030, the number of adults 60 years and older who reside in San Diego County is expected to increase to more than 910,000. Thus, it is crucial that we take the needs of our region's older adults into account as we plan for the future. The Aging Roadmap serves as a guide for the future of aging in the San Diego County region. While the Aging Roadmap is led by the County of San Diego (County) Health and Human Services Agency, Aging & Independence Services (AIS), the programs and initiatives outlined in the document represent the efforts of diverse County departments and community collaborations including Age Well San Diego.

The Aging Roadmap is the product of ongoing community input and collaboration that began in 2016 when the County joined the AARP Network of Age-Friendly Communities. After a two-year community input process, the Age Well San Diego Action Plan was created and approved by the Board on May 15, 2018 (6). Age Well San Diego is a community-driven initiative for an age-friendly region that identifies goals in five priority areas. Each priority area is driven forward by community teams led by AIS staff and made up of older adults, caregivers, County staff from relevant departments, and local service providers and experts. In 2019, the Aging Roadmap was conceptualized as a broader framework to encompass all County programs for older adults and individuals with disabilities. As a result, additional community input was garnered from hundreds of older adults during community assessments and stakeholder interviews, and the remaining five

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priority areas were identified, completing the Aging Roadmap's ten priority areas of Health & Community Support; Housing; Social Participation; Transportation; Dementia; Caregiver Support; Safety; Preparedness; Silver Economy; Medical & Social Services System. The Aging Roadmap was launched on September 24, 2019 (4), when the San Diego County Board of Supervisors (Board) directed County staff to implement the Aging Roadmap in partnership with community-based organizations, hospital partners, and various County departments.

The Aging Roadmap was developed to be adaptable and regularly incorporate community input. It allows for innovation, flexibility, and coordination to meet current and future regional needs. To ensure AIS was abreast of community needs brought on by the COVID-19 pandemic, in mid- 2020 another round of outreach was conducted, and community input was gathered from older adult food service providers, disability service providers, and older adults and residents with disabilities in the In-Home Supportive Services program. Subsequently, throughout 2022, AIS offered additional opportunities for community input, including collaborative threading meetings across County departments, input sessions with key community stakeholders, recurring engagement with the Age Well San Diego Teams, and outreach to non-English-speaking older adults. The priorities voiced by the community informed the development of programs and initiatives in the Aging Roadmap Action Plan for Fiscal Year 2023-24. The 2023 Annual Report (Attachment A) provides an update on Aging Roadmap progress and achievements. For each of the ten priority areas, the report describes the current landscape, accomplishments, and next steps towards reaching the vision for that area. It also describes the programs and initiatives for Fiscal Year 2023-24 through an updated Aging Roadmap Action Plan.

Next Steps
Building age-friendly communities requires sustained efforts, and the Aging Roadmap provides the blueprint for the work ahead. Programs and initiatives will continue to be adaptable and responsive to community needs, such as by addressing issues of equity, social isolation, access to technology, food security, affordable housing, and safe transportation. Progress will continue through alignment with the State of California's Master Plan for Aging, by strengthening cross-departmental relationships to help older adults age in place, and by identifying emerging opportunities to expand inclusive programming for all ages, abilities, and zip codes.

The growth of the older adult population brings challenges and opportunities as our communities work to ensure the health, safety, and quality of life of all older adult residents. The Aging Roadmap goes beyond basic needs and recognizes the exciting opportunity to redefine what is possible during this phase of life: ample ways to make meaningful contributions, experience deep social connections, and access systems and resources that honor and respect older adults as valued members of the community. Looking ahead, the County and community partners will continue to advance Aging Roadmap goals. The Aging Roadmap Action Plan for Fiscal Year 2023-24 outlines programs and initiatives that will further advance Aging Roadmap efforts in the year ahead. In October 2023, the County will conduct another comprehensive round of community input to inform the Aging Roadmap moving forward.

LINKAGE TO THE COUNTY OF SAN DIEGO STRATEGIC PLAN
Today's proposed actions support the County of San Diego's 2023-2028 Strategic Plan Initiatives of Sustainability (Resiliency), Equity (Health), and Community (Quality of Life), and the regional

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Live Well San Diego vision of healthy, safe, and thriving communities by strengthening the system of care for older adults and ensuring a community that is livable for residents of all ages.

Respectfully submitted,

USE "INSERT PICTURE" FUNCTION TO INSERT SIGNATURE

HELEN N. ROBBINS-MEYER
Interim Chief Administrative Officer

ATTACHMENT(S)
Attachment A – Aging Roadmap San Diego County Regional Plan: 2023 Annual Update

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September 11, 2023

Mr. Stephen Huber, Chair
Aging & Independence Services Advisory Council
5560 Overland, 3rd Floor
San Diego, California 92123

Subject: Letter of Recommendation for Lorelei Taylor to
Receive the Advisory Council's Distinguished Merit Award.

Dear Stephen,

Lorelei Taylor has termed out of her Aging & Independence Services (AIS) Advisory Council seat. She has been a fully dedicated, actively involved, and respected member of the Advisory Council for the last nine years. She demonstrated her leadership ability and commitment by serving with distinction as Chair of the Advisory Council two consecutive terms (2017-2019). Lorelei regularly attended all of the various subcommittee meetings provided her valuable guidance, knowledge and experience. She dedicated many hours serving AIS and built, strong ties with staff and fellow Advisory Council members. In particular, she served as chair of the Housing Subcommittee and provided leadership there for many years. She also supported Paul Ling as he took over as a first-time Chair for Housing. Lorelei encouraged each member to become actively involved in Council activities through participation in at least two subcommittees. This helped build future leaders on the Council. As a member of the Executive Committee, she helped encourage and actively sought new, younger, and diverse applicants. She personally helped recruit and mentor a number of our current Council members. Lorelei has belonged to and made significant contributions to the following committees: Housing, Nutrition, Healthy Aging, Long-Term Care Ombudsman & Facilities, and the Triple-A Council of California. In addition, she served the organization on other subcommittees and Auxiliary Committees over her nine years on the Council.

In my review of the Distinguished Merit Award Protocol, I find that Lorelei not only meets the selection criteria for the award, but exceeds the criteria. I am proud to recommend her to the Executive & Membership Committee and to the full Council that Lorelei be awarded the Distinguished Merit Award. I hereby request that the Executive & Membership Committee review this recommendation and if they make the same findings, recommend this action to the full Advisory Council for approval. Lastly, I believe that recognition should be timely and suggest we move forward with this process as soon as possible.

Thank you for your consideration,
John Osborne
Aging & Independence Services Advisory Council
Immediate Past Chair

ANNUAL CALENDAR - COUNCIL FY 2023-24

MONTH	GUESTS/ACTIVITIES*	AIS TOPICS*	COUNCIL BUSINESS	
			Date Sensitive	Authority+
SEPTEMBER (9/11/23) Fall Prevention World Alzheimer's *ANNUAL MEETING* BL 6(E)(4)	HOUSING AND COMMUNITY DEVELOPMENT SERVICES	AREA PLAN FOCUS GROUP	❖ SWEAR-IN OFFICERS	IIIa 82.5(b) BL 4(A)(3)
			=> ADOPT ANNUAL CALENDAR	BL 5(C)(1)(a)(v)
			=> ADOPT ANNUAL REPORT	IIIa 82.16
			=> ADOPT ANNUAL SUBCOMMITTEES	BL 5(C)(2)(a)
			=> COUNCIL GOALS: Review Draft	A-74(E)(4)
			=> SUBCOMMITTEE CHAIR ANNUAL TRAINING	BL 5(C)(2)(a)
OCTOBER (10/9/23)	SAN DIEGO REGIONAL CENTER	AGING ROADMAP ANNUAL REPORT	=> ADOPT COUNCIL GOALS	A-74(E)(4)
NOVEMBER (11/13/23) National Family Caregiver		PUBLIC ADMINISTRATOR AND PUBLIC GUARDIAN	• CSL CAUCUS REPORT: Sacramento	WIC 9302
DECEMBER (12/11/23)	LIVE WELL SAN DIEGO ANNUAL RPT/INDICATORS	OMBUDSMAN ANNUAL REPORT		CDA PM 13-04, III (C)
JANUARY (1/8/24)	BROWN ACT TRAINING CA Gov Code 54953-54963		➢ APPOINT AREA PLAN SUBCOMMITTEE (Annual Update)	BL 5(C)(3)
FEBRUARY (2/12/24)		IN-HOME SUPPORTIVE SERVICES	✓ APPOINT BUDGET SUBCOMM.	
MARCH (3/11/24)	(OFF SITE MEETING?)	CONTRACTS		
APRIL (4/8/24)		HEALTH & COMMUNITY ENGAGEMENT TEAM	➢ AREA PLAN PUBLIC HEARING (2024-2028 four-year plan)	IIIa 82.1(a) A-74(C)(8) BL 5(C)(3)
MAY (5/13/24) Older Americans	HHSA BUDGET PRESENTATION per A-74(c)(8)	MSSP	⊕ APPOINT LEGISLATIVE SUBCOMM. APPOINT NOMINATING SUBCOMM.	A-74(C)(12) BL 5(C)(3)
			• CSL VACANCY ELECTION *Next CSL Full Term Election: 2026*	WIC 9302
JUNE (6/10/24) World Elder Abuse Awareness Alzheimer's & Brain Awareness **June 30th -- County FY ends**	DR. LINDSEY YOURMAN, CHIEF GERIATRIC OFFICER	ADVISORY COUNCIL STRATEGIC PLANNING	❖ DECLARE OFFICER NOMINATIONS	BL 4(A)(2)(b)
			=> COUNCIL GOALS: Report Status	A-74(E)(4)
			=> COUNCIL STRATEGIC PLANNING	N/A
			=> SUBCOMMITTEE GOALS 24-25 Discuss/develop in subcommittee mtgs	
			Last submittal for mileage	IIIa 82.12 BL 3(C)(2)
JULY (7/8/24) **July 1st -- County FY begins**		APS, SENIOR TEAM, & SPECIALIZED CASE MGT	⊕ COUNCIL: Leg. Policy Guidelines– conclude review, forward proposals	BL 5(C)(3)
			❖ ELECT OFFICERS	IIIa 82.5(a) BL 4(A)(3)
			=> EXEC/MEMBERSHIP SUBCOMM.	BL 5(C)(1)(a)
			Officer Transition & Brown Act Training	N/A
			Draft Annual Calendar	BL 5(C)(1)(a)(v)
			Draft Annual Report	IIIa 82.16 BL1(B)(6)
			Draft Annual Goals	A-74(E)(4)
			Propose Subcommittees	BL 5(C)(2)(a)
AUGUST (no mtg.)				

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* Bold=confirmed; Italicized=annual

+ IIIa=SD County Admin Ord; A-74=Board Policy; BL=Council By-laws; CDA PM=CA Dept Aging Prg Memo; OAA=Older Americans Act; WIC=Welf Inst Code

County of San Diego

HEALTH AND HUMAN SERVICES AGENCY

AGING & INDEPENDENCE SERVICES

Advisory Council 2023 Annual Report

Stephen Huber, Council Chair

September 11, 2023

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COUNTY OF SAN DIEGO Health and Human Services Agency

LIVE WELL SAN DIEGO

Table of Contents

San Diego County Board of Supervisors 1
The Aging & Independence Services Advisory Council 2
The Council's Role 2
The Council's Operational Activities 2
Fiscal Year 2022-23 Accomplishments 4
Standing Subcommittee 4
Ancillary Subcommittees 4
Ad Hoc Subcommittees 5
The Year Ahead: Fiscal Year 2023-24 Council Priorities 6

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San Diego County Board of Supervisors

Nora Vargas
District 1
Chair

Joel Anderson
District 2

Terra
Lawson-Remer
District 3
Vice Chair

Vacant
District 4

Jim Desmond
District 5

Helen Robbins-Meyer
Interim Chief Administrative Officer
County of San Diego

Dr. Eric C. McDonald
Interim Agency Director
Health and Human Services Agency

Kimberly Gallo
Director
Aging and Adult Services
Public Administrator/Public Guardian

The Aging & Independence Services Advisory Council

The Council's Role

The Advisory Council (Council) for the County of San Diego (County) Health and Human Services Agency, Aging & Independence Services (AIS) operates in accordance with the duties and responsibilities defined in the provisions of Title III of the Older Americans Act of 1965, the Mello-Granlund Older Californians Act Section 9402, and the San Diego County Code of Administrative Ordinances Article IIIa. The Council's primary responsibility is to:

> *"…advise continuously the area agency on aging on all matters relating to the development of the area plan, the administration of the plan and operations conducted under the plan;"*

The Council's Operational Activities

The Council holds regular public meetings on the second Monday of each month from 12 p.m. to 2 p.m. In Fiscal Year 2022-23, meetings were held virtually until March 2023 in accordance with the continuance of teleconferencing meeting option pursuant to Government Code Section 54953(e). On March 13, 2023, meetings resumed in person at the County Operations Center following rules defined in California Assembly Bill 2449. The Council has 30 seats, ten of which are appointed by members of the San Diego County Board of Supervisors. As of the regular Council meeting on July 10, 2023, 19 seats were filled. Council members and AIS staff have continued outreach efforts to fill vacancies, many of which resulted from the requirement to return to in-person meetings.

In Fiscal Year 2022-23, members reviewed and evaluated needs to ensure a strong and vital aging system. Monthly Council meetings featured several AIS program staff members who provided operational updates and in-depth overviews of AIS programs. The Council also heard from representatives from several other County departments and guests including the County's new Chief Geriatric Officer Dr. Lindsey Yourman, County Counsel, Medical Care Services, Agency Budget Office, the Office of Military and Veteran Affairs, and the Live Well San Diego team who provided relevant updates and information pertaining to AIS operations and support of older adults in San Diego County. The Council and subcommittees continued to be engaged with local organizations and heard from several speakers including the Elder Justice Task Force and Serving Seniors who provided insight into issues impacting the region and programs and services available to older adults. These speakers helped Council members remain informed of current needs,

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resources, and trends as they provided guidance on items related to the local aging system prior to these items going before the San Diego County Board of Supervisors.

Launched at the direction of the Board of Supervisors on September 24, 2019, the Aging Roadmap is the County's plan to ensure that the region has communities and programs that support the needs and celebrate the contributions of the growing population of older adults in the San Diego region. In 2020, the Aging Roadmap was adopted as the organizational framework for AIS' Area Plan 2020-2024, which identifies the priorities and direction for County activities on behalf of older adults. The Aging Roadmap includes community teams working toward an age-friendly region. The Roadmap's priority areas include health and community support, housing, social participation, transportation, dementia, caregiver support, safety, preparedness and response, the silver economy, and the medical and social services system. Council members continued to provide support to the Aging Roadmap initiatives and participated on community-based workgroups in order to provide auxiliary representation in support of stated initiatives and objectives.

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Fiscal Year 2022-23 Accomplishments

In Fiscal Year 2022-23, efforts continued toward strengthening the aging network in our region. The Council conducts a considerable amount of work through committees, and the committees were engaged and impactful in supporting the work of the Council.

Standing Subcommittee

Executive & Membership

The Executive & Membership Subcommittee continued to perform internal organizational functions including recruiting and recommending new members and reviewing and maintaining Council records. The subcommittee also set Council meeting agendas, strengthened the focus on strategic planning and goals, encouraged subcommittee development of position papers, and secured speakers for Council meetings to support Council goals.

Ancillary Subcommittees

Healthy Aging

The Healthy Aging Subcommittee aims to expand current programs, develop new, evidence-based communitywide programs, and promote preventative measures to eliminate or reduce the impact of disease and chronic disabilities. In 2023, the subcommittee focused on healthy living, the continued need to promote the benefits of walking, and understanding the San Diego County hospitals, their programs, and their services to healthy aging seniors in San Diego County.

Housing

Due to changes in membership, the Housing Subcommittee was inactive for most of fiscal year 2022-23. In May 2023, a new subcommittee Chair was appointed, and work began to identify goals and priorities related to the adaptability and accessibility aspects of aging in place within age-friendly communities, including learning about current housing programs and issues impacting residents countywide.

Long Term Care Ombudsman & Facilities

The Long-Term Care Ombudsman & Facilities Subcommittee monitored legislative proposals and changes related to skilled nursing facilities and residential care facilities for the elderly, and proposed AIS program improvements, including effective outreach, education, and training and better outcomes for residents and providers.

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Nutrition

The Nutrition Subcommittee ensured that the Council was informed about the delivery of AIS nutrition services contracts, site responsiveness to AIS performance standards, and community participation. The AIS Public Health Nutrition Manager is a regular participant in the Nutrition Subcommittee, adding important nutrition information and operational updates to subcommittee discussions. The subcommittee frequently meets at nutrition program sites and reports observations at Council meetings. Presentations from community agencies and County staff provide the subcommittee with greater insight into the importance of accessibility to nutritional food and nutrition information for older adults.

Ad Hoc Subcommittees

Area Plan

The ad hoc Area Plan Subcommittee advised on the development and annual update of the 2020-24 Area Plan, a California Department of Aging (CDA) requirement which provides a four-year plan of services and execution of the critical responsibilities addressing present and future aging and long-term care issues within San Diego County.

Budget

The ad hoc Budget Subcommittee reviewed the Fiscal Year 2023-24 proposed budget and made recommendations to staff regarding content and format and provided input into the presentation of the proposed budget to the Council.

Legislative

The ad hoc Legislative Subcommittee advised on the County of San Diego's 2023 Legislative Program and gave feedback on priorities related to older adults and persons with disabilities.

Nominating

The ad hoc Nominating Subcommittee recommended a slate of officers for the Fiscal Year 2023-24 officer elections.

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The Year Ahead:
Fiscal Year 2023-24 Council Priorities

At its annual strategic planning meeting, the Council discussed progress on existing goals and streamlined priorities to establish goals with measurable outcomes for the upcoming Fiscal Year that align with the Aging Roadmap's priority areas. The Council's priorities include:

- Alzheimer's Disease and Related Dementias
- Behavioral Health
- Caregiver Support
- Continuum of Care
- Food Security
- Healthcare
- Housing
- Legislation
- Long-Term Care
- Nutrition
- Social Engagement
- Fitness
- Technology
- Transportation

The complete list of goals is included in Attachment A – AIS Advisory Council Goals 2022-2023.

Moving forward, the Council will continue its work in advancing services and supports for local older adults. The Council will advise and provide input on the new four-year Area Plan cycle for FY 2024-2028, including the community focus group sessions. In alignment with the Aging Roadmap, the 2023-24 year will present new challenges and exciting opportunities to support the needs and celebrate the contributions of older adults in the region.

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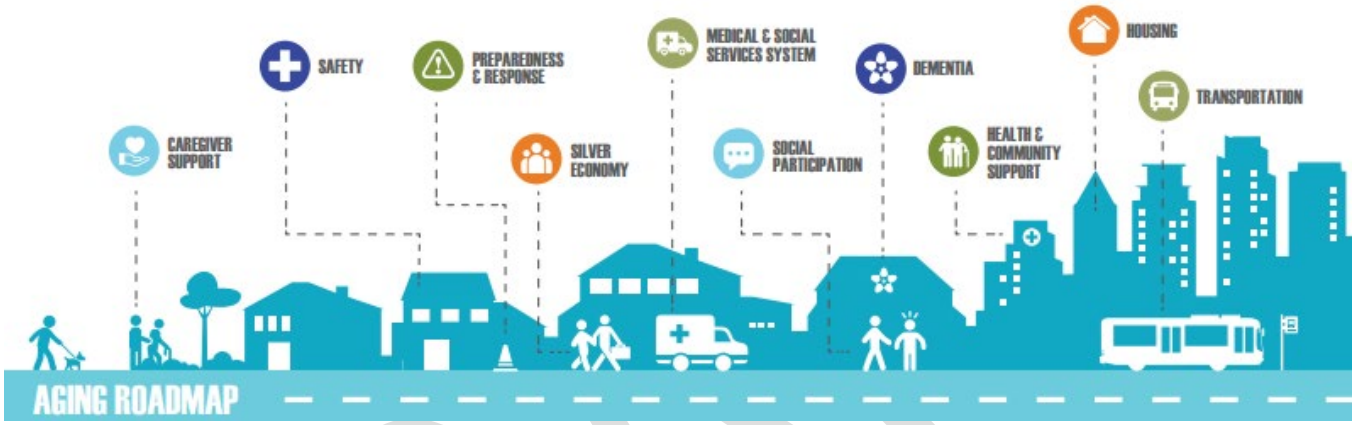
For questions about the Aging & Independence Services Advisory Council, please contact Jana Jordan at jana.jordan@sdcounty.ca.gov or call 858-495-5858.

All meetings are open to the public, and interested parties are encouraged to attend and participate in the public comment period. Past meeting materials and other information may be found at https://www.sandiegocounty.gov/content/sdc/hhsa/programs/ais/Community-Partners-and-Volunteering/Advisory-Council.html.

AGING AND INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2023 – 2026

COUNCIL FOCUS: Use or gain expertise to identify, project, and anticipate needs and trends, and advise on legislative and AIS operational actions to address the needs of older adults and persons with disabilities.

AGING ROADMAP: San Diego County's regional plan that is implemented and organized by 10 focus areas that collectively represent the county's comprehensive system of care. Roadmap focus areas are as follows and identified throughout the Council's Goals:



GOALS 2023 – 2026

#	Goal	Timeline	Lead	Measure	Outcome	Status
A1a	Advise on updates for FY 2023-2024.	Mar – June 2023	• Ad Hoc Area Plan Subcommittee	• Meeting date(s) • Discussion • Vote and authorization of Council Chair to sign letter of transmittal	• Ad Hoc Area Plan Subcommittee met on 3/24/23. • Area Plan public hearing comment and consideration of acceptance during Advisory Council meeting on 4/10/23. • Discussion included: Updates of Area Plan 2020-2024 Update FY 23-24; process and content of Area Plan fair and equitable; and the Ad Hoc Subcommittee recommends continued consultation, input, and monitoring of progress from Advisory Council. Authorization passed with 18 votes on 4/10/23.	Completed
A1b	Advise on the 4-year Area Plan for FY 2024-2028.	Mar – May 2024	• Ad Hoc Area Plan Subcommittee	• Meeting date(s) • Discussion • Vote and authorization of Council Chair to sign letter of transmittal	• Ad Hoc Area Plan Subcommittee met on: • Discussion included: • Authorization passed:	Not yet started

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AGING AND INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2023 – 2026

A1c	Participate in the 4-year Area Plan FY 2024-2028 focus group sessions.	Sept 2023	• Advisory Council	• Focus group date (s)	• Focus group was held on:	Not yet started
A1d	Monitor and plan for the expansion of services for older adults to meet the needs of the growing population.	Ongoing	• Ad Hoc Area Plan Subcommittee • Advisory Council	• Discussion	• Discussion included:	In progress
A2	Find engaging speakers for the AIS Advisory Council general meetings.	Ongoing	• Advisory Council	• Speakers	• Speakers' topics included:	In progress
A3	Explore and participate in appropriate Auxiliary subcommittees including but not limited to the Age Well San Diego Theme Teams and Community Action Networks.	Ongoing	• Healthy Aging Subcommittee	• Name and dates of Auxiliary subcommittee meetings attended	• Age Well San Diego Health & Community Support meetings attended by Advisory Council and Subcommittee members.	In progress

#	Goal	Timeline	Lead	Measure	Outcome	Status
HEALTHCARE AND BEHAVIORAL HEALTH						
HB1	Research and make recommendations for priority areas of healthcare. Advocate for program development with emphasis on equity and inclusion.	Ongoing	• Healthy Aging Subcommittee	• Finding(s)	• Topics may include, but are not limited to, where the older adult population meets, nutrition, socialization, geography/communities, disabilities, mental health, dementia, Alzheimer's disease, ways to increase awareness and education in hospitals re: geriatric issues.	

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AGING AND INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2023 – 2026

HB1b	Position Paper: "Seniors Who Live Alone".	Ongoing	• Healthy Aging Subcommittee	• Finding(s) • Number and topic of position paper	• Position paper finalized on [date] and presented to [audience].	In progress
HB3	Develop recommendations to decrease hunger, food insecurity, and adverse health conditions resulting from poor nutritional health; increase awareness about good oral health and the dental treatment options through public insurance benefits.	Ongoing	• Nutrition Subcommittee	• Finding(s)	• Topics may include, but are not limited to, enhancing nutritional quality through increased fruit and vegetable consumption and the importance of good nutrition for older adults living with chronic health conditions.	In progress
HB4	Identify diseases risk reduction strategies and educational opportunities for diseases and disorders affecting older adults.	Ongoing	• Healthy Aging Subcommittee	• Finding(s)	• [Recommendations] shared with [audience/modality] on [date].	In progress
HB5	Recommend enhanced partnership and collaboration between COSD and local hospitals.	Ongoing	• Healthy Aging Subcommittee	• Finding(s)	• Enhanced partnership may include a hospital summit or collaboration to share best practices between local hospitals and healthcare providers to address geriatric physical and mental health and wellbeing.	In progress
HB6	Monitor and advise on Age-Friendly Public Health Systems.	Ongoing	• Healthy Aging Subcommittee	• Finding(s)	• [Discussion]	
HB7	Monitor and advise on AIS programs through presentations and site visits.					
HB7a	Congregate Meals (Title III C1) and Transportation to Dining Sites (Title III B)	Ongoing	• Nutrition Subcommittee	• Meeting(s) and date(s) attended	• [Discussion]	In progress

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HB7b	Home-Delivered Meals (Title III C2)	Ongoing	• Nutrition Subcommittee	• Meeting(s) and date(s) attended	• [Discussion]	In progress
HB7c	SNAP-Ed (Cal Fresh)	Ongoing	• Nutrition Subcommittee	• Meeting(s) and date(s) attended	• [Discussion]	In progress
HB7d	Senior Health Promotion (Feeling Fit, Fall Prevention, etc.)	Ongoing	• Healthy Aging Subcommittee	• Meeting(s) and date(s) attended	• [Discussion]	In progress

#	Goal	Timeline	Lead	Measure	Outcome	Status
HOUSING						
H1	Explore and participate in appropriate Auxiliary subcommittees including but not limited to the Age Well San Diego Housing Theme Team and County housing and homelessness initiatives.	Ongoing	• Housing Subcommittee	• Name and dates of Auxiliary subcommittee meetings attended	• Age Well San Diego Housing: [date], [date], [date].	In progress
H2	Monitor and advise on the Thriving component of the *Live Well San Diego* vision, particularly related to: a. Supporting availability and affordability of housing for all community members. b. Creating more accessible housing for older adults and people with disabilities to live independently.	Ongoing	• Housing Subcommittee	• Meeting(s) and date(s) attended	• [Discussion]	In progress

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AGING AND INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2023 – 2026

#	Goal	Timeline	Lead	Measure	Outcome	Status
LEGISLATION						
L1	Monitor pending legislation in all goal areas and participate with respective committees and AIS staff in analysis of legislation.	Ongoing	• Advisory Council • Ad Hoc Legislative Subcommittee	• Legislation monitored	• [Discussion] • [Recommendations]	In progress
LONG TERM CARE/RESPITE/IN-HOME CARE						
LT1	Monitor and make recommendations for enhancements to Choose Well and advise AIS on legislation proposals and changes related to Skilled Nursing Facilities and Residential Care Facilities for the Elderly.	Ongoing	• Long Term Care & Ombudsman Facilities	• Date(s) of Choose Well meeting(s) attended • Legislation monitored	• [Recommendations for improvement, including assessment of effectiveness or additional resources needed]. • [Discussion]	In progress
LT2	Monitor and advise on areas of concern related to long term care, in-home care, and respite.	Ongoing				
LT3	Monitor and advise AIS on the Ombudsman program standard of operations, goals, performance, and increasing the number of volunteers.	Ongoing	• Long Term Care & Ombudsman Facilities	• Meeting(s) and date(s) attended	• [Discussion]	In progress

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AGING AND INDEPENDENCE SERVICES (AIS) ADVISORY COUNCIL | GOALS 2023 – 2026

#	Goal	Timeline	Lead	Measure	Outcome	Status
TECHNOLOGY						
T2	Monitor and advise on success of existing technology programs and promote access to and utilization of technology.	Ongoing	• Advisory Council • All Subcommittees	• Finding(s) • Number and topic of media campaign	• [Recommendations may include a media campaign to promote existing programs or identify opportunities for new programs.]	Not yet started

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